***AM SNACK**
****PM SNACK**

(Subject to Change)

November 2026

La Posada
COMMUNITY SERVICES
Adult Day Services

Mon	Tue	Wed	Thu	Fri
2 *AM SNACK SALISBURY STEAK/GRAVY MASHED POTATOES SWEET PEAS BREAD APPLESAUCE **PM SNACK	3 *AM SNACK KALE CHICKEN SALAD 5-BEAN SALAD DINNER ROLL RED APPLE SLICES **PM SNACK	4 *AM SNACK MONGOLIAN BEEF BROWN RICE PILAF STIR FRY VEGETABLES APPLE SALAD BANANA **PM SNACK	5 *AM SNACK OMELET W/PICO DE GALLO RSTD RED POTATOES 5-BEAN SALAD STEAMED SPINACH TROPICAL FRUIT CUP **PM SNACK	6 *AM SNACK FRIED CHICKEN GARLIC MASHED POTATOES SAVORY BRUSSEL SLAW BREAD ORANGE **PM SNACK
9 *AM SNACK BEEF STROGANOFF EGG NOODLES PEAS BABY SPINACH ORANGE **PM SNACK	10 *AM SNACK CHICKEN TORTILLA SOUP CALABACITAS TROPICAL FRUIT **PM SNACK	11 *AM SNACK CHEESE RAVIOLI MIXED VEGETABLES MIXED FRUIT ROLL *AM SNACK	12 *AM SNACK CHICKEN TINGA RICE & BEANS CARROTS APPLE SLICES **PM SNACK	13 *AM SNACK CHICKEN POT PIE BUTTERMILK BISCUIT COUNTRY VEGETABLES RED APPLE SLICES **PM SNACK
16 *AM SNACK MEATLOAF W/KETCHUP MASHED POTATOES SUCCOTASH BREAD DICED PEACHES **PM SNACK	17 *AM SNACK TURKEY-HAM & POTATO SALAD ROSY PEAR SALAD SF PUDDING ORANGE **PM SNACK	18 *AM SNACK CHICKEN MARSALA LEMON HERB QUINOA CALIFORNIA VEGETABLES BREAD BANANA **PM SNACK	19 *AM SNACK PORK TENDERLOIN CRANBERRY SAUCE 5-WAY VEGETABLES/ROLL CARROT-RAISIN SALAD BAKED APPLES **PM SNACK	20 *AM SNACK TRADITIONAL THANKSGIVING FEAST AND DESSERT
23 *AM SNACK BREADED POLLOCK CRMY MEXICAN ST. CORN GARLIC MASHED POTATOES PEAS & CARROTS APPLE PEACH CRUMBLE **PM SNACK	24 *AM SNACK ALBONDIGAS SOUP CAPRI VEGETABLES ROSY PEAR SALAD BREAD BANANA **PM SNACK	25 *AM SNACK TURKEY DINNER DESSERT **PM SNACK	26 	27 
30 *AM SNACK LASAGNA ROLL BEEF MARINARA SAUCE CAPRI VEGETABLES APPLE PEACH CRUMBLE **PM SNACK				