November 2026

Social Hour

Activities of choice which may include:
reading, adult coloring pages, card making, nature walks, board games, chair yoga, bingo, relaxing conversations, trivia and other individual interests.

***Activities are subject to change**

La Posada
•COMMUNITY SERVICES•
Adult Day Services

Contact Info:

Ph. 520-393-6834
email:
adsactivities@casagv.org



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
2	9:00 Meet & Greet 9:30 News Moment 10:00 Intergenerational 10:30 Fitness 11:00 Benji & Friends 11:30 Enjoy the Outdoors/Trivia 12:00 Lunch 1:00 Trivia w/Keith 2:00 Jeopardy w/Ralph 3:00 Social Hour	3	9:00 Meet & Greet 9:30 The Byron Show 10:00 Intergenerational 10:30 BINGO CC/Reminiscence w/Suzanne 11:30 Fitness 12:00 Lunch 1:00 Scattergories w/Steve 1:30 Cooper & Friends 2:30 Snack 3:00 Social Hour	4	9:00 Meet & Greet 9:30 Readers Theater 10:00 Intergenerational 10:30 Visit w/Mushu 11:00 Sing Along w/Arnie 12:00 Lunch 1:00 Chair 1 w/Linda 2:00 November Card Making 3:00 Social Hour	5	9:00 Meet & Greet 9:30 News Moment 10:00 Visit w/Hopi 10:30 Fitness 11:00 Visit w/Milo 11:30 Visit w/Rose 12:00 Lunch 1:00 Thanksgiving Craft w/HomeWell 2:00 Loteria w/Ralph 2:30 Snack 3:00 Social Hour	6	9:00 Meet & Greet 9:30 Steve Maron & Arnie Krohn 10:30 BINGO CC/Reminiscence 11:30 Fitness 12:00 Lunch 1:00 Bowling 1:30 Scattergories w/Steve 2:00 Games & Ice Cream w/Lesly-Agape 3:00 Social Hour
9	9:00 Meet & Greet 9:30 News Moment 10:00 Intergenerational 10:30 Fitness 11:00 Benji & Friends 11:30 Jeopardy 12:00 Lunch 1:00 Trivia w/Keith 2:00 Reminiscence w/Ralph 3:00 Social Hour	10	9:00 Meet & Greet 9:30 The Byron Show 10:00 Intergenerational 10:30 BINGO CC/Reminiscence w/Suzanne 11:30 Fitness 12:00 Lunch 1:00 Table Hockey 1:30 Scattergories w/Steve 2:00 Family Feud w/Laura 3:00 Social Hour	11	9:00 Meet & Greet 9:30 Reader's Theater 10:00 Intergenerational 10:30 Fitness 11:00 Sing Along w/Arnie 12:00 Lunch/Veterans Day 1:00 Volleyball 1:30 Cooper & Friends 2:30 Snack w/Bayada 3:00 Social Hour	12	9:00 Meet & Greet 9:30 Fitness w Dick 10:30 Sports w/ Maria-CarePatrol 11:00 Visit w/Milo 11:30 Jeopardy 12:00 Lunch 1:00 Chair 1 w/Linda 2:00 Safari Bingo w/Ralph 3:00 Social Hour	13	9:00 Meet & Greet 9:30 News Moment 10:00 Fitness 10:30 BINGO CC/Reminiscence 11:30 Hangman 12:00 Lunch 1:00 Enjoy the Outdoors 1:30 Scattergories w/Steve 2:00 Craft w/Saida 2:30 Snack 3:00 Social Hour
16	9:00 Meet & Greet 9:30 News Moment 10:00 Intergenerational 10:30 Fitness 11:00 Benji & Friends 11:30 Balloon Volleyball 12:00 Lunch 1:00 Craft w/Casa De La Luz 2:00 Comedy Club w/Ralph 3:00 Social Hour	17	9:00 Meet & Greet 9:30 The Byron Show 10:00 Intergenerational 10:30 BINGO CC/Reminiscence w/Suzanne 11:30 Fitness 12:00 Lunch 1:00 Scattergories w/Steve 1:30 Cooper & Friends 2:30 Snack 3:00 Social Hour	18	9:00 Meet & Greet 9:30 Reader's Theater 10:00 Intergenerational 10:30 Fitness 11:00 Sing Along w/Arnie 12:00 Lunch 1:00 Mike & his Horn 2:00 Chair 1 w/Linda 3:00 Social Hour	19	9:00 Meet & Greet 9:30 News Moment 10:00 Visit w/Hopi 10:30 Enjoy the Outdoors 11:00 Visit w/Milo/Harry & Guitar 12:00 Lunch 1:00 Music w/Blue Evening Star 2:00 Trivia w/Keith 2:30 Snack 3:00 Social Hour	20	9:00 Meet & Greet 9:30 News Moment 10:00 Jeopardy 10:30 BINGO CC 11:30 Fitness 12:00 Thanksgiving Lunch/Dennis & Guitar 1:30 Scattergories w/Steve 2:00 Horseshoes 3:00 Social Hour
23	9:00 Meet & Greet 9:30 News Moment 10:00 Intergenerational 10:30 Mini Golf 11:00 Benji & Friends 11:30 Jeopardy 12:00 Lunch 1:00 Drumming w/Linda 2:00 Trivia w/Keith 3:00 Social Hour	24	9:00 Meet & Greet 9:30 The Byron Show 10:00 Intergenerational 10:30 BINGO CC/Reminiscence w/Suzanne 11:30 Fitness 12:00 Lunch 1:00 Scattergories w/Steve 1:45 Oriana & Randall CC 3:00 Social Hour	25	9:00 Meet & Greet 9:30 Reader's Theater 10:00 Intergenerational 10:30 Fitness 11:00 Sing Along w/Arnie 12:00 Lunch 1:00 Bocce Ball 1:30 Cooper & Friends 2:30 Snack 3:00 Social Hour	26		27	
30	9:00 Meet & Greet 9:30 News Moment 10:00 Intergenerational 10:30 Visit w/Rose 11:00 Benji & Friends 11:30 Fitness 12:00 Lunch 1:00 Trivia w/Keith 2:00 Find the Hidden Picture w/Ralph 3:00 Social Hour								