

***AM SNACK**
****PM SNACK**

(Subject to Change)

October 2026



MON

TUE

WED

THU

FRI

1

*AM SNACK
 CHILI CON CARNE
 5 WAY VEGETABLES
 BABY SPINACH SALAD
 CORNBREAD
 DICED PEACHES
 **PM SNACK

2

*AM SNACK
 FRIED CHICKEN
 GERMAN POTATO SALAD
 BRAISED RED CABBAGE
 MANDARIN ORANGES
 **PM SNACK

5

*AM SNACK
 PARMESAN POLLOCK
 FIRE ROASTED POTATOES
 GREEN BEANS
 BREAD
 TROPICAL FRUIT
 **PM SNACK

6

*AM SNACK
 BEEF BARLEY SOUP
 SCANDINAVIAN VEGGIES
 DINNER ROLL
 CRAISINS
 FIG NEWTONS
 **PM SNACK

7

*AM SNACK
 BEEF STROGANOFF
 EGG NOODLES
 RSTD CAULIFLOWER
 BABY SPINACH SALAD
 BANANA
 **PM SNACK

8

*AM SNACK
 CHICKEN TINGA
 RICE & BEANS
 CARROTS
 APPLE SLICES
 **PM SNACK

9

*AM SNACK
 CHICKEN TETRAZZINI
 CAPRI VEGETABLES
 CARROT-RAISIN SALAD
 APPLESauce
 PUDDING
 **PM SNACK

12

*AM SNACK
 CHICKEN SANDWICH
 LETTUCE, TOMATO
 GREEN BEANS
 PEARS
 **PM SNACK

13

*AM SNACK
 CHEF SALAD
 CITRUS SLAW
 DINNER ROLL
 DICED PEACHES
 FIG NEWTONS
 **PM SNACK

14

*AM SNACK
 DENVER OMELET
 ROASTED POTATOES
 STEAMED SPINACH
 BREAD
 FRESH ORANGE
 **PM SNACK

15

*AM SNACK
 CHICKEN TACO BOWL
 SPANISH RICE
 CAPRI VEGETABLES
 PINEAPPLE
 **PM SNACK

16

*AM SNACK
 CHICKEN MARSALA
 LEMON HERB QUINOA
 CALIFORNIA VEGETABLES
 BANANA
 **PM SNACK

19

*AM SNACK
 BEEF LASAGNA ROLL W/
 MARINARA SAUCE
 CAPRI VEGETABLES
 BREAD
 CRANBERRY APPLE CRISP
 **PM SNACK

20

*AM SNACK
 SPLIT PEA SOUP W/HAM
 GLAZED BEETS
 BREAD
 MIXED FRUIT
 OATMEAL CRÉME PIE
 **PM SNACK

21

*AM SNACK
 BEEF TEW
 STEAMED BROCCOLI
 CORNBREAD
 APPLE SLICES
 GRAHAM BEARS
 **PM SNACK

22

*AM SNACK
 CARNITAS
 QUINOA & BLACK BEANS
 STEAMED SPINACH
 BREAD
 TROPICAL FRUIT
 *PM SNACK

23

*AM SNACK
 BBQ BEEF
 SWEET POTATOES
 RSTD CORN & FAJITA VEGGIES
 CORNBREAD
 BAKED PEACHES
 *PM SNACK

26

*AM SNACK
 CHICKEN PARMESAN
 PENNE MARINARA
 EDAMAME
 MIXED FRUIT
 **PM SNACK

27

*AM SNACK
 SW CHICKEN SALAD
 CARROT-RAISIN SALAD
 DINNER ROLL
 GRAHAM CRACKERS
 BANANA
 **PM SNACK

28

*AM SNACK
 SWEDISH MEATBALLS
 BROWN RICE PILAF
 COUNTRY VEGETABLES
 MIXED GREEN SALAD
 APPLESauce
 **PM SNACK

29

*AM SNACK
 BREADED POLLOCK
 CAULIFLOWER RICE
 NORMANDY VEGETABLES
 BREAD
 DICED PEACHES
 **PM SNACK

30

*AM SNACK
 HONEY MUSTARD CHICKEN
 SWEET POTATOES
 SWEET PEAS
 BREAD
 ORANGE
 *PM SNACK