

SEPTEMBER 2026
GREEN VALLEY SENIOR MEALS
780 S. Park Centre Ave.
LUNCH IS SERVED AT 11:30AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ALBONDIGAS SOUP 1 CAPRI VEGETABLES BREAD DICED PEACHES SALAD BAR	CHICKEN LASAGNA ROLL 2 WITH ALFREDO SAUCE GREEN BEANS BABY SPINACH SALAD DINNER ROLL/ORANGE SALAD BAR	CHICKEN W/CHIMICHURRI SC 3 BROWN RICE PILAF WINTER VEGETABLES BANANA SALAD BAR	BAKED LEMON WHITE FISH 4 SUMMER COUSCOUS CAPRI VEGETABLES DINNER ROLL TROPICAL FRUIT OATMEAL CRÈME PIE
 WE WILL BE CLOSED ★ FOR ★ LABOR DAY	KALE CHICKEN SALAD 8 BROCCOLI SALAD DINNER ROLL BANANA SALAD BAR	MONGOLIAN BEEF 9 BROWN RICE PILAF EDAMAME PINEAPPLE SALAD BAR	CHILI CON CARNE 10 5 WAY VEGETABLES BABY SPINACH SALAD CORNBREAD DICED PEACHES SALAD BAR	FRIED CHICKEN 11 GERMAN POTATO SALAD BRAISED RED CABBAGE MANDARIN ORANGES
PARMESAN POLLOCK 14 FIRE ROASTED POTATOES GREEN BEANS BREAD TROPICAL FRUIT	BEEF BARLEY SOUP 15 SCANDINAVIAN VEGETABLES DINNER ROLL CRAISINS FIG NEWTONS SALAD BAR	BEEF STROGANOFF & 16 EGG NOODLES ROASTED CAULIFLOWER BABY SPINACH SALAD BANANA SALAD BAR	CHICKEN TINGA 17 RICE & BEANS CARROTS APPLE SLICES SALAD BAR	CHICKEN TETRAZZINI 18 CAPRI VEGETABLES CARROT-RAISIN SALAD APPLESAUCE PUDDING
MEATLOAF/GRAVY 21 MASHED POTATOES SUCCOTASH BREAD APPLE SLICES	CHEF SALAD 22 CITRUS SLAW DINNER ROLL DICED PEACHES FIG NEWTONS SALAD BAR	DENVER OMELET 23 ROASTED POTATOES STEAMED SPINACH BREAD ORANGE SALAD BAR	CHICKEN TACO BOWL 24 SPANISH RICE CAPRI VEGETABLES PINEAPPLE SALAD BAR	CHICKEN MARSALA 25 LEMON HERB QUINOA CALIFORNIA VEGETABLES BANANA
BEEF LASAGNA ROLL 28 MARINARA SAUCE CAPRI VEGETABLES BREAD CRANBERRY APPLE CRISP	SPLIT PEA & HAM SOUP 29 GLAZED BEETS BREAD MIXED FRUIT OATMEAL CRÈME PIE SALAD BAR	BEEF STEW 30 STEAMED BROCCOLI CORNBREAD APPLE SLICES GRAHAM BEARS SALAD BAR		

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK** EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED

** NUTRITIONAL INFORMATION ON THE BACK OF THIS MENU

ALL MENU ITEMS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY

THE FRUIT MAY DIFFER BASED ON AVAILABILITYTHANK YOU FOR YOUR DONATIONS. THEY HELP US STRETCH-H-H-H OUR SERVICES!!

Do you or someone you know eat lunch alone?

Call **Carla Salcido 520-393-6814**

Donation \$3.00 for participants. \$8.00 Guest Fee

Congregate meals for **ALL** adults **60+**

Transportation available.

Please call for reservation in advance!