



DONATION:

\$3.00 – PARTICIPANT

\$8.00 - GUEST

AUGUST 2026
GREEN VALLEY SENIOR MEALS
780 S. Park Centre Ave.
LUNCH IS SERVED AT 11:30AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PARMESAN POLLOCK 3 FIRE RSTD POTATOES GREEN BEANS BREAD TROPICAL FRUIT	BEEF BARLEY SOUP 4 SCANINAVIAN VEGETABLES DINNER ROLL CRAISINS FIG NEWTONS SALAD BAR	BEEF STROGANOFF 5 EGG NOODLES ROASTED CAULIFLOWER BABY SPINACH SALAD BANANA SALAD BAR	CHICKEN TINGA 6 RICE & BEANS CARROTS APPLE SLICES SALAD BAR	CHICKEN TETRAZZINI 7 CAPRI VEGETABLES CARROT-RAISIN SALAD APPLESAUCE PUDDING
MEATLOAF/GRAVY 10 MASHED POTATOES SUCCOTASH BREAD APPLE SLICES	CHEF SALAD 11 CITRUS SLAW DINNER ROLL DICED PEACHES FIG NEWTONS SALAD BAR	DENVER OMELET 12 ROASTED POTATOES STEAMED SPINACH BREAD ORANGE SALAD BAR	CHICKEN TACO BOWL 13 SPANISH RICE CAPRI VEGETABLES PINEAPPLE SALAD BAR	CHICKEN MARSALA 14 LEMON HERB QUINOA CALIFORNIA VEGETABLES BANANA
BEEF LASAGNA ROLL W/ 17 MARINARA SAUCE CAPRI VEGETABLES BREAD CRANBERRY APPLE CRISP	SPLIT PEA & HAM SOUP 18 GLAZED BEETS BREAD MIXED FRUIT OATMEAL CREME PIE SALAD BAR	BEEF STEW 19 STEAMED BROCCOLI CORNBREAD APPLE SLICES GRAHAM BEARS SALAD BAR	CARNITAS 20 QUINOA & BLACK BEANS STEAMED SPINACH BREAD TROPICAL FRUIT SALAD BAR	BBQ BEEF 21 SWEET POTATOES RSTD CORN & FAJITA VEGGIES CORNBREAD BAKED PEACHES
CHICKEN PARMESAN 24 PENNE MARINARA EDAMAME MIXED FRUIT	SW CHICKEN SALAD 25 CARROT-RAISIN SALAD DINNER ROLL GRAHAM CRACKERS BANANA SALAD BAR	SWEDISH MEATBALLS 26 BROWN RICE PILAF COUNTRY VEGETABLES MIXED GREEN SALAD APPLESAUCE SALAD BAR	BREADED POLLOCK 27 CAULIFLOWER RICE NORMANDY VEGETABLES BREAD DICED PEACHES SALAD BAR	HONEY MUSTARD CHICKEN 28 SWEET POTATOES SWEET PEAS BREAD ORANGE
PINEAPPLE GLAZED PORK 31 TENDERLOIN TOMATO POLENTA SNAP PEA BLEND DINNER ROLL APRICOTS				

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK** EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED

** NUTRITIONAL INFORMATION ON THE BACK OF THIS MENU

ALL MENU ITEMS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY

THE FRUIT MAY DIFFER BASED ON AVAILABILITY *THANK YOU FOR YOUR DONATIONS. THEY HELP US STRETCH-H-H-H OUR SERVICES!!*

Do you or someone you know eat lunch alone?

Call **Carla Salcido 520-393-6814**

Donation \$3.00 for participants. \$8.00 Guest Fee

Congregate meals for **ALL** adults **60+**

Transportation available.

Please call for reservation in advance!