



DONATION:  
\$3.00 – PARTICIPANT  
\$8.00 - GUEST

**JUNE 2026**  
**GREEN VALLEY SENIOR MEALS**  
**780 S. Park Centre Ave.**  
**LUNCH IS SERVED AT 11:30AM**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN PARMESAN 1 PENNE PASTA EDAMAME MIXED FRUIT	SW CHICKEN SALAD 2 CARROT-RAISIN SALAD WHEAT ROLL GRAHAM CRACKERS BANANA SALAD BAR	SWEDISH MEATBALLS 3 BROWN RICE PILAF COUNTRY VEGETABLES MIXED GREEN SALAD APPLESAUCE SALAD BAR	BREADED POLLOCK 4 CAULIFLOWER RICE NORMANDY VEGETABLES WHEAT BREAD DICED PEACHES SALAD BAR	HONEY MUSTARD CHICKEN 5 SWEET POTATOES SWEET PEAS WHEAT BREAD ORANGE
PORK TENDERLOIN 8 RSTD TOMATO POLENTA SNAP PEA BLEND WHEAT ROLL APRICOTS	ALBONDIGAS SOUP 9 CAPRI VEGETABLES WHEAT BREAD DICED PEACHES SALAD BAR	WHITE LASAGNA ROLL 10 GREEN BEANS BABY SPINACH SALAD WHEAT ROLL ORANGE SALAD BAR	CHICKEN W/CHIMICHURRI 11 SAUCE BROWN RICE PILAF WINTER VEGETABLES BANANA SALAD BAR	BAKED LEMON WHITE FISH 12 SUMMER COUSCOUS CAPRI VEGETABLES WHEAT ROLL TROPICAL FRUIT OATMEAL CREAM PIE
SALISBURY STEAK/GRAVY 15 MASHED POTATOES SWEET PEAS WHEAT BREAD APPLESAUCE FIG NEWTONS	KALE CHICKEN SALAD 16 BROCCOLI SALAD WHEAT ROLL BANANA SALAD BAR	MONGOLIAN BEEF 17 BROWN RICE PILAF EDAMAME PINEAPPLE SALAD BAR	CHILI CON CARNE 18 5 WAY VEGETABLES BABY SPINACH SALAD CORNBREAD DICED PEACHES SALAD BAR	<b>\$5.00</b>  PIZZA SALAD FRUIT
PARMESAN POLLOCK 22 FIRE ROASTED POTATOES GREEN BEANS WHEAT BREAD TROPICAL FRUIT	BEEF BARLEY SOUP 23 SCANDINAVIAN VEGETABLES DINNER ROLL CRAISINS FIG NEWTONS SALAD BAR	BEEF STROGANOFF 24 ROASTED CAULIFLOWER BABY SPINACH SALAD BANANA SALAD BAR	CHICKEN TINGA 25 RICE & BEANS CARROTS APPLE SLICES SALAD BAR	CHICKEN TETRAZZINI 26 CAPRI VEGETABLES CARROT-RAISIN SALAD APPLESAUCE PUDDING
MEATLOAF/GRAVY 29 MASHED POTATOES SUCCOTASH WHEAT BREAD APPLE SLICES	CHEF SALAD 30 CITRUS SLAW WHEAT ROLL DICED PEACHES FIG NEWTONS SALAD BAR			

\*\* ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK\*\* EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED  
\*\* NUTRITIONAL INFORMATION ON THE BACK OF THIS MENU

**ALL MENU ITEMS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY**

THE FRUIT MAY DIFFER BASED ON AVAILABILITY *THANK YOU FOR YOUR DONATIONS. THEY HELP US STRETCH-H-H-H OUR SERVICES!!*

Do you or someone you know eat lunch alone?  
Call **Carla Salcido 520-393-6814**  
Donation \$3.00 for participants. \$8.00 Guest Fee

Congregate meals for **ALL** adults **60+**  
Transportation available.  
*Please call for reservation in advance!*