

***AM SNACK**
****PM SNACK**

(Subject to Change)

July 2025



MON

TUE

WED

THU

FRI

1

*AM SNACK
 KALE AND CHICKEN SALAD
 GREEN BEAN SALAD
 WHOLE WHEAT ROLL
 BANANA
 **PM SNACK

2

*AM SNACK
 CHILI MAC
 5 WAY MIXED VEGGIES
 BABY SPINACH SALAD
 PEACHES
 **PM SNACK

3

*AM SNACK
 MONGOLIAN BEEF
 BROWN RICE PILAF
 EDAMAME
 PINEAPPLE CHUNKS
 **PM SNACK

4



7

*AM SNACK
 MEDITERRANEAN BEEF
 BARLEY PILAF
 SWEET POTATOES
 STEAMED BROCCOLI
 APPLE SLICES (2)
 **PM SNACK

8

*AM SNACK
 SHRIMP SALAD
 GREEK PASTA SALAD
 WW DINNER ROLL
 APRICOTS
 FIG NEWTONS
 **PM SNACK

9

*AM SNACK
 TURKEY TETRAZZINI W/
 WW NOODLES
 CAPRI VEGETABLES
 CARROT/RAISIN SALAD
 PEARS/SF PUDDING
 **PM SNACK

10

*AM SNACK
 PARM BAKED POLLOCK
 ROASTED RED POTATOES
 GREEN BEANS
 WW BREAD
 TROPICAL FRUIT
 **PM SNACK

11

*AM SNACK
 BEEF STROGANOFF
 W/WW NOODLES
 ROASTED CAULIFLOWET
 BABY SPINACH SALAD
 BANANA
 **PM SNACK

14

*AM SNACK
 MEATLOAF/GRAVY
 MASHED POTATOES
 SUCCOTASH
 WW BREAD
 APPLE SLICES (2)
 **PM SNACK

15

*AM SNACK
 ASIAN GRND TURKEY SALAD
 W/PEANUTS
 LENTIL SALAD
 WW DINNER ROLL
 APRICOTS/FIG NEWTONS
 **PM SNACK

16

*AM SNACK
 SLOPPY JOE
 SWEET POTATOES
 CREAMY COLE SLAW
 WW BUN
 PINEAPPLE
 **PM SNACK

17

*AM SNACK
 CHEESE OMELET W/
 SEAFOOD CREAM SAUCE
 ROASTED POTATOES
 SAUTEED SPINACH
 WW BREAD/ORANGE
 **PM SNACK

18

*AM SNACK
 CHICKEN MARSALA
 LEMON QUINOA
 CAPRI VEGETABLES
 WW DINNER ROLL
 BANANA
 **PM SNACK

21

*AM SNACK
 BEEF STEW W/
 CARROTS & POTATOES
 STEAMED BROCOLLI
 CORN MUFFIN
 APPLE SLICES/TEDDY GRMS
 **PM SNACK

22

*AM SNACK
 SMOKED WHITEFISH SALAD
 CUCUMBER SALAD
 WW BREAD
 APRICOTS/
 OATMEAL COOKIE
 **PM SNACK

23

*AM SNACK
 PORK CARNITAS
 QUINOA & BLACK BEANS
 SAUTEED SPINACH
 WW BREAD
 TROPICAL FRUIT
 **PM SNACK

24

*AM SNACK
 LASAGNA ROLL-UPS
 W/MEAT MARINARA SAUCE
 CAPRI BLEND VEGGIES
 WW BREAD
 FRUIT CRISP
 **PM SNACK

25

*AM SNACK
 BBQ BEEF SANDWICH
 ROASTED POTATOES
 CREAMY COLE SLAW
 WW BUN
 BANANA
 **PM SNACK

28

*AM SNACK
 HONEY MUSTARD CHICKEN
 SWEET POTATOES
 GREEN PEAS
 WW BREAD
 PEARS
 **PM SNACK

29

*AM SNACK
 SW CHICKEN SALAD
 CARROT/RAISIN SALAD
 WW DINNER ROLL
 BANANA
 TEDDY GRAHAMS
 **PM SNACK

30

*AM SNACK
 BREADED FISH
 SAVORY LENTILS
 NORMANDY VEGETABLES
 WW BREAD
 PEACHES
 **PM SNACK

31

*AM SNACK
 CHICKEN PARM OVER
 PENNE PASTA
 EDAMAME
 SUCCOTASH
 PEARS
 **PM SNACK