



JUNE 2025
GREEN VALLEY SENIOR MEALS
780 S. Park Centre Ave.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PIZZA 2 SALAD DESSERT	ASIAN TURKEY SALAD 3 W/TOASTED PEANUTS LENTIL SALAD WW DINNER ROLL APRICOTS/FIG NEWTONS SALAD BAR	CHEESE OMELET 4 W/SEAFOOD CREAM SC ROASTED POTATOES SAUTEED SPINACH WW BREAD/ORANGE SALAD BAR	SLOPPY JOE 5 SWEET POTATOES CREAMY COLE SLAW WW BUN PINEAPPLE CHUNKS SALAD BAR	CHICKEN MARSALA 6 LEMON QUINOA CAPRI VEGETABLES WW DINNER ROLL BANANA
BEEF STEW W/ CARROTS & POTATOES 9 STEAMED BROCCOLI CORN MUFFIN APPLE SLICES (2)	SMOKED WHITEFISH SALAD 10 CUCUMBER SALAD WW BREAD APRICOTS OATMEAL COOKIE SALAD BAR	LASAGNA ROLL-UPS 11 W/MARINARA SAUCE CAPRI BLEND VEGGIES PEACH/BLEUBERRY CRISP SALAD BAR	BBQ BEEF SANDWICH 12 ROASTED POTATOES CREAMY COLE SLAW WW BUN BANANA SALAD BAR	PORK CARNITAS 13 QUINOA & BLACK BEANS SAUTEED SPINACH WW BREAD TROPICAL FRUIT
SWEDISH MEATBALLS 16 BROWN RICE PILAF COUNTRY VEGETABLES MIXED GREEN SALAD APPLESAUCE	SOUTHWEST CHICKEN SALAD 17 CARROT/RAISIN SALAD WW DINNER ROLL BANANA TEDDY GRAHAMS SALAD BAR	CHICKEN PARMESAN 18 WW PENNE SUCCATASH EDAMAME PEARS SALAD BAR	HAMBURGER 19 BUN LETTUCE/TOMATO POTATO SALAD DESSERT SALAD BAR	BREADED FISH 20 SAVORY LENTILS NORMANDY VEGETABLES WW BREAD PEACHES
PORK TENDERLOIN W/ TROPICAL KETCHUP 23 CREAMY POLENTA SNOW PEA BLEND APRICOTS	POTATO SALAD 24 W/ TURKEY HA, 4 BEAN SALAD WW BREAD PEACHES SALAD BAR	TURKEY PAPRIKASH 25 GREEN BEANS BABY SPINACH SALAD WW DINNER ROLL MANDARIN ORANGES SALAD BAR	WHITE FISH W/ ROMESCO SC 26 FIRE-ROASTED POTATOES SAUTEED SPINACH WW DINNER ROLL TROPICAL FRUIT/COOKIE SALAD BAR	CHICKEN THIGH W/ ORANGE CREAM SAUCE 27 BEET BROWN RICE PILAF STEAMED BROCCOLI BANANA
SALISBURY STEAK 30 GRAVY MASHED POTATOES GREEN PEAS WW BREAD APPLESAUCE				

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK** EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED

** NUTRITIONAL INFORMATION ON THE BACK OF THIS MENU

ALL MENU ITEMS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY

THE FRUIT MAY DIFFER BASED ON AVAILABILITY THANK YOU FOR YOUR DONATIONS. THEY HELP US STRETCH-H-H-H OUR SERVICES!!

Do you or someone you know eat lunch alone?
 Call **Carla Salcido 520-393-6814**
 Donation \$3.00 for participants. \$8.00 Guest Fee

Congregate meals for **ALL** adults **60+**
 Transportation available.
 Please call for reservation in advance!