## **MARCH 2025**

		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
Social Hour Activities of choice which may include: reading, adult coloring pages, card making, nature walks, board games, chair yoga, bingo, relaxing conversations, trivia and other individual interests.  *Activities are subject to change	3	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Scattergories w/Steve 11 Karen & Dogs 12 Lunch 1 Enjoy The Outdoors 1:30 Craft 2 Visit w/Grace 3 Social Hour	4	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 BINGO CC 11 Table Games 12 Lunch 1 Enjoy the Outdoors 1:30 Self Care 2 Exercise the Mind 3 Social Hour	5	Adult Day CLOSED	6	Adult Day CLOSED	7	Adult Day CLOSED
	10	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Scattergories w/Steve 11 Karen & Dogs 12 Lunch 1 Trivia w/Keith 1:30 Enjoy the Outdoors 2 Visit w/ Grace 3 Social Hour	11	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 BINGO CC 11 Craft 12 Lunch 1 Jeopardy 1:30 Enjoy the Outdoors 2 Cooper & Friends 3 Social Hour	12	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Sing Along w/Arnie 11 Dear Abby 12 Lunch 1 Desert Ukes 1:30 Craft 2 Golf 3 Social Hour	13	9 Meet & Greet 9:30 News Moment 10 Story Telling/Remeniscense 10:30 Fitness w/Dick 11 Visit w/Milo 12 Lunch 1 Music w/Bob 1:30 Guess Who? 2 Table Games 3 Social Hour	14	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 Bingo/Reminiscence w/Jean 11 Puzzles 12 Lunch 1 Enjoy The Outdoors 1:30 Bowling 2 Scattergories w/Steve 3 Social Hour/National Pie Day
La Posada  *COMMUNITY SERVICES* Adult Day Services	17	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Scattergories w/Steve 11 Karen & Dogs 12 Lunch 1 Enjoy the outdoors 1:30 Craft 2 Visit w/Grace 3 Social Hour	18	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 BINGO CC 11 Sensory Games 12 Lunch 1 Name That Tune w/Keith 1:30 Dear Abby 2 Craft 3 Social Hour	19	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Sing Along w/Arnie 11 Find the Hidden Picture 12 Lunch 1 Music w/Bill 1:30 Exercise the Mind 2 Cooper & Friends 3 Social Hour	20	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Punch Box Bingo 11 Visit w/Milo 12 Lunch 1 Enjoy the Outdoors 1:30 Volleyball 2 March Trivia 3 Social Hour	21	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 Bingo/Reminiscence w/Jean 11 Sensory Games 12 Lunch 1 Enjoy the Outdoors 1:30 Michael & His Huskies 2 Piano w/Nancy 3 Social Hour
Contact Info:  Ph. 520-393-6834 email: adsactivities@casagv.org	24	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Scattergories w/Steve 11 Karen & Dogs 12 Lunch 1 Enjoy the Outdoors 1:30 Film Theatre 2 Visit w/Grace 3 Social Hour	25	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 BINGO CC 11 Noodle Hockey 12 Lunch 1 Enjoy the Outdoors 1:30 Ring Toss 2 Cooper & Friends 3 Social Hour	26	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Sing Along w/Arnie 11 Read Along 12 Lunch 1 Trivia w/Keith 1:30 Loteria w/Sage 2 Parachute 3 Social Hour	27	9 Meet & Greet 9:30 News Moment 10 Hangman 10:30 Fitness w/Dick 11 Visit w/Milo 12 Lunch 1 \$ilver Dollar & Change 1:30 Enjoy the Outdoors 2 Ring Toss 2:30 BOG OPEN HOUSE! 3 Social Hour	28	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 Bingo/Remeniscence w/Jean 11 Adult Coloring 12 Lunch 1 Enjoy the Outdoors 1:30 Gardening 2 Scattergories w/Steve 3 Social Hour
	31	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Scattergories w/Steve 11 Karen & Dogs 12 Lunch 1 Name That Tune w/Keith 1:30 Read Along 2 Visit w/Grace 3 Social Hour						SAINT PATRICKS DAY		