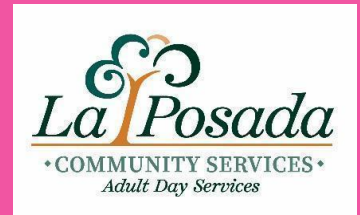


FEBRUARY 2025

**Social Hour**  
Activities of choice which may include:  
reading, adult coloring pages, card making, nature walks, board games, chair yoga, bingo, relaxing conversations, trivia and other individual interests

\*Activities are subject to change



Contact Info:  
  
Ph. 520-393-6835  
email:  
[adulthood@casagv.org](mailto:adulthood@casagv.org)



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
3	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Yoga w/Claudia 11 Benji & Friends 12 Lunch 1 Trivia w/Keith 1:30 Breathing Exercise 2 Visit w/Grace 3 Social Hour	4	9 Meet & Greet 9:30 The Byron Show! 10 Intergenerational/Fitness 10:30 BINGO CC 11 Sensory Games 12 Lunch 1 Banjo w/John 1:30 Self Care 2 Enjoy the Outdoors 3 Social Hour	5	9 Meet & Greet 9:30 News Moment 10 Intergenerational Fitness 10:30 Sing A Long w/Arnie 11 Exercise the MInd 12 Lunch 1 Music w/Blue Evening Star 1:30 Guess Who? 2 Cooper & Friends 3 Social Hour	6	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 Ping Pong 11 Exercise the Mind/Visit from Milo 12 Lunch 1 Enjoy the Outdoors 1:30 Craft 2 Table Games 3 Social Hour	7	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 BINGO/ Reminisce w/Jean 11 Read Along 12 Lunch 1 Comedy Club 1:30 Enjoy the Outdoors 2 Table Games 3 Social Hour
10	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Yoga w/Claudia 11 Benji & Friends 12 Lunch 1 Desert Ukes 1:30 Bowling 2 Visit w/Grace 3 Social Hour/Super Bowl Recap	11	9 Meet & Greet 9:30 The Byron Show! 10 Intergenerational/Fitness 10:30 BINGO CC 11 Jeopardy 12 Lunch 1 Enjoy the Outdoors 1:30 Loteria w/Sage 2 Cooper & Friends 3 Social Hour	12	9 Meet & Greet 9:30 News Moment 10 Intergenerational/ Fitness 10:30 Sing A Long w/Arnie 11 Fact or Bologna 12 Lunch 1 Trivia w/Keith 1:30 Exercise the Mind 2 Self Care 3 Social Hour	13	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 Fitness w/Dick 11Visit from Milo 12 Lunch 1 Enjoy the Outdoors 1:30 Chair Travel 2 Exercise the Mind 3 Social Hour	14	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 BINGO/Reminisce w/Jean 11 Sensory Games 12 Lunch 1 Film Theatre 1:30 Exercise the Mind 2 Piano w/Nancy 3 Social Hour/Valentines Day Celebration
17	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Yoga w/ Claudia 11 Benji & Friends 12 Lunch 1 Banjo w/John 1:30 Enjoy the Outdoors 2Visit w/Grace/Participant Council 3 Social Hour	18	9 Meet & Greet 9:30 The Byron Show! 10 Intergenerational/Fitness 10:30 BINGO CC 11 Volleyball 12 Lunch 1 Trivia w/Keith 1:30 Wii Fit 2 Noodle Hockey 3 Social Hour	19	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Hangman 11 Music w/Bob B 12 Lunch 1 Music w/Bill 1:30 Craft 2 Cooper & Friends 3 Social Hour	20	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 Hidden Picture/Visit from Milo 11 Craft 12 Lunch 1 Gardening 1:30 Exercise the Mind 2 Comedy Club 3 Social Hour	21	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 BINGO/Reminisce w/Jean 11 Table Games 12 Lunch 1 Bocce Ball 1:30 Michael & His Huskies 2 Karaoke 3 Social Hour
24	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Yoga w/ Claudia 11Benji & Friends 12 Lunch 1 Enjoy the Outdoors 1:30 Self Care 2 Craft 3 Social Hour	25	9 Meet & Greet 9:30 The Byron Show! 10 Intergenerational/Fitness 10:30 BINGO CC 11 Kickball 12 Lunch 1 Film Theatre 1:30 Loteria w/Sage 2 Cooper & Friends 3 Social Hour	26	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Craft 11 Darts 12 Lunch 1 Enjoy the Outdoors 1:30 Parachute 2 Table Games 3 Social Hour	27	9 Meet & Greet 9:30 News Moment 10 Intergenerational/Fitness 10:30 Fitness w/Dick/Visit from Milo 11 Mini Golf 12 Lunch 1 Trivia w/Keith 1:30 Jeopardy 2 Bean Bag Toss 3 Social Hour	28	9 Meet & Greet 9:30 News Moment 10 Fitness 10:30 BINGO/Reminisce w/Jean 11 Card Games 12 Lunch 1 Enjoy the Outdoors 1:30 Painting 2 Piano w/Nancy 3 Social Hour